

# ***Don't Flush Your Meds!***

Water treatment plants do not remove pharmaceuticals.  
Instead, flushed medicine pollutes waterways and drinking water.

## **How can you help?**

- Don't flush your medicine!
- Ask your sheriff department for info about unwanted meds collection
- Or mix meds with undesirable substances, such as cat litter or dirt, and throw in the trash



- Anti-inflammatory medicine harm fishes' tissues
- Estrogen affects fishes' reproductive organs
- Anti-anxiety medicine can affect the growth of aquatic species
- Heart drugs can slow down the hearts of aquatic species

46 million Americans are exposed to trace amounts of pharmaceuticals in drinking water.

***[www.unwantedmeds.org](http://www.unwantedmeds.org)***

Image courtesy of Milwaukee Metropolitan Sewerage District

